



CATALYST  
commons

# Catering Guide

## Full Service and Casual



# Event Catering at Catalyst Commons

**Main Contact:** Christie Collins, Food and Beverage Manager

**Email:** [coachchristiecollins@gmail.com](mailto:coachchristiecollins@gmail.com)

You can either reach out directly to our preferred vendors or simply [fill out this form](#) to kick things off.

Once you submit the form, Christie will personally get back to you within 2 business days to discuss your needs and next steps.

By filling out the form, we can provide specific vendor recommendations, or, if you'd prefer, we can handle the entire planning process for you.

*Please note:* there's a 15% admin fee if we manage the planning. If you're just looking for suggestions, that service is complementary.



GROW PREP CREATE





# Preferred External Vendors



## Quick References:



Breakfast



Full service



Lunch



Bar Options

# The Boathouse



**Contact Info:** Shawn Flanagan - [shawn@boathousedtk.com](mailto:shawn@boathousedtk.com)

**Website:** <https://www.boathousedtk.com/>

**Price Point:** \$\$-\$\$\$

## Offerings:

- Breakfast: muffins, breaky sandwiches, egg bites, croissants, yogurt parfaits.
- Lunch: Pre-wrapped burgers and hotdogs, coldcut sandwich platters
- Happy Hour/Events: Charcuterie platters and canapes.

**Full Service:** Yes

**Bar Options:** Yes - open bar, ticketed or cash bar ability

**Delivery:** Yes

**Pick-up:** Yes

**Lead time:**

**Minimums:** There are minimums per platter or item ordered

**Notes:** Great, local option - an institution in KW, located in Victoria Park that has just been revitalized by a local investing group.



# Graffiti Market (On-site restaurant)



**Contact Info:** Aashna Sachdeva - [aashna@graffitimarket.ca](mailto:aashna@graffitimarket.ca)

**Website:** [Full Website](#), [Catering Inquires](#), [Order Online](#)

**Price Point:** \$\$

## Offerings:

- Cocktail reception
- Stations (which can be interactive)
- Buffets (over 50 people)
- Passed Canapes
- Plated Service (\$25/hr per server)
- Breakfast options from Stockyard Coffee - sandwiches, bagels, pastries.
- Their specialty is Detroit style pizza (rectangular pan pizza with a thick, crisp, chewy crust) but they do great salads, pastas and sandwiches as well.

**Full Service:** Yes, or just drop and go depending on order/needs

## Bar Options:

- Consumption, cash bar, host bill or ticketed
- 60 people per bartender, labour \$25/hour

**Delivery:** Free - they are in the building

**Pick-up:** Yes, a short walk away

## Lead time:

- Restaurant or cafe food - 10am - 3 days out
- Smaller than 10 ppl - ordering online the day of is fine
- Bar: finalized 10 business days before event

**Minimums:** None

**Notes:** Great option for a bar, since they are right in the building, it's the easiest option.



# The Three Wellness

the three

**Contact Info:** Morgan - [morgan@thethreewellness.com](mailto:morgan@thethreewellness.com)

**Website:** <https://www.thethreewellness.com/>

**Price Point:** \$-\$\$

**Offerings:** Great for breakfast and snacks: mini smoothies (10oz), energy bites, protein cookies, muffins, greek yogurt or chia seed parfaits. Will also do sandwiches and wraps, salads, bowls and soup.

**Full Service:** Can do full service, or drop off platters

**Bar Options:** No

**Delivery:** Yes

**Pick-up:** Yes

**Lead time:** A day for smaller orders, up to one week for larger orders

**Minimums:** None

**Notes:** All super local and seasonal!



# Jacqueline's Catering



**Contact Info:** [Contact Link](#), 519-746-2225,  
**Website:** [Full Website](#)

**Price Point:** \$-\$\$

**Offerings:** Great selection of breakfast options ranging from \$9-\$13 pp, sandwich/wrap options (\$11-\$15 pp), large variety of hot meals (\$11-\$17 pp), soups, salads, platter, desserts and appetizers.

**Full Service:** No, they drop off the food

**Bar Options:** No

**Delivery:** \$10 charge

**Pick-up:** No, delivery only

**Lead time:** Some orders can be made with 24 hours notice - some require 72 hours

**Minimums:** Minimum orders vary slightly - most options you need to order at least 10, some it's up to 20. Most offer a discount per item as your numbers go up.

**Notes:** Since 1995 Jacqueline's Catering has been a leader in corporate catering for the Waterloo Region.



# The Grazing Table



Contact Info: [hello@thegrazingtablekw.ca](mailto:hello@thegrazingtablekw.ca)

Website: <https://www.thegrazingtablekw.ca/>

**Price Point:** \$\$

**Offerings:**

- Individual charcuterie cups up to a 20ft charcuterie table for 200 people and everything in between.
- They also have great additional catering options that are artfully displayed.

**Full Service:** Yes

**Bar Options:** No

**Delivery:** Yes, \$20 to Catalyst Commons

**Pick-up:** Yes

**Lead time:** At least 5-8 business days - for larger tables, they book a month or so in advance

**Minimums:** N/A if picking up, Their smallest table is \$950, for up to 30 people, but have smaller platter options.



# EVO Kitchen



**Contact Info:** 519-740-9900

**Website:** [EVO Catering Website](#)

**Price Point:** \$\$

**Offerings:**

- Gourmet Lunch boxes (can be ordered for dinner too) can be ordered - each comes with a sandwich/wrap, small salad, sweet treat, piece of fruit and small san Pellegrino.
- Platters - sandwiches, veggies, fruit, salads, desserts and more
- Can work with them and their seasonal menu to create a catering menu for 50 people or more.

**Full Service:** Gourmet Lunch boxes are drop and go, but they offer full service as well

**Bar Options:** Yes

**Delivery:** Available Monday-Friday 11am-2pm, or for larger orders in the evenings Monday-Friday (fee may apply)

**Pick-up:** Yes, available for smaller orders or outside of their delivery windows

**Lead time:**

- Orders for under 30 people can be placed up to 8pm the night before.
- Orders for 30 or more must be placed 48 hours in advance.

**Minimums:** Minimum 5 Gourmet Boxed Lunches for delivery. Dinner catering must be for 50 people or more.



# Gilt Catering



**Contact Info:** Kristi Randall - [giltcatering@thestellacollective.ca](mailto:giltcatering@thestellacollective.ca)

**Website:** [Gilt Catering](#)

**Price Point:** \$\$-\$\$\$\$

**Offerings:** Full seated dinners (plated or buffet style), cocktail-style receptions with food stations, or light fare grazing tables/passed options. Some highlights include “Walk ‘n Guac” station, extravagant show stopping charcuterie boards with many supplementations including seafood and oyster bars, several options for savoury and sweet cocktail-style food stations like Bao Bun bar, Slider bar, Shawarma bar, Perogie Poutine bar, Taco bar, Doughnut bar, Crepe Station & Build-Your-Own Pie station. Passed canapes or welcome stations, plated/buffet/stationed dinner. Alternatively, stations start at \$20-\$25/per person, per station.

**Full Service:** Yes

**Bar Options:** Open bar pricing is anywhere from \$6-\$10/per hour and includes a bartender. Consumption, ticket, or cash bars will require a bartender at \$50/hour.

**Delivery:** Yes

**Pick-up:** Yes

**Lead time:** 2-3 weeks depending on size and scale of event.

**Minimums:** \$500 minimum applies on Saturday's from June-October

**Notes:** If you've got a healthy budget, this is your *wow factor* catering company go-to.



# Chef D Catering



**Contact Info:** DeLauren - [del Lauren@chefdtv.com](mailto:del Lauren@chefdtv.com) / 226-898-570

**Website:** <https://www.chefdtv.com/catering>

**Price Point:** \$\$-\$\$\$

## Offerings:

- Platters (\$4-\$13 pp) with choices such as dips and spreads, crudité, charcuterie, cheese, fruit with yogurt dip and deli sandwiches/wraps.
- Stations (\$6-\$23 pp) including Build-Your-Own pizza (+\$500 wood fired oven rental), Poutine Bar (+\$300 deep fryer rental), seafood, taco, donut & dessert and more.
- Passed appetizers (\$3-\$13 pp).
- Continental & hot breakfast options with add-ons (\$12-\$24 pp).
- Plated 3-course meals.

**Bar Options:** Consumption Bar (deposit required, guests pay nothing, host is billed for what was consumed, \$7 per drink), Open Bar (flat rate per person - \$55 pp for 6 hours, \$65 pp for 7 hours, \$75 pp for 8 hours), Cash or Bar Tickets (\$500 minimum), Deluxe or Custom Bars (\$\$ to be determined depending on choices).

**Delivery:** Yes - \$15 charge

**Pick-up:** Yes - can pick up orders for no charge

**Lead time:** 1 week minimum, longer for larger orders - 2 weeks minimum for full service

**Minimums:** Most options are for 25 people minimum, smaller orders can be picked up, prices increase by 20% on holidays.



# Cocktail Carriage Roaming Bar



**Contact Info:** Anita - [info@cocktailcarriage.ca](mailto:info@cocktailcarriage.ca)

**Website:** <https://www.cocktailcarriage.ca/services>

**Price Point:** \$\$

## Offerings:

- Full service bar in a renovated trailer,
- Can also do a full bar set up **anywhere**

**Full Service:** Yes

**Bar Options:** They have a few standard options, and also can fully customize a bar solution

**Delivery:** N/A

**Pick-up:** N/A

**Lead time:** At least a week's lead time, but the sooner you inquire, the more likely your date is available

**Minimums:** 4 hour minimum, or they will throw in some extras

**Notes:** The trailer can be rented for your own use. It includes: 15 amp hook up, access to the keg fridge and CO2, 36 bottle wine fridge and beer fridge. Includes drop off/pick up in 50 km radius. Weekdays- \$450, Weekends & Holidays- \$600





# Internal Offerings

After two years of serving up member-favourite breakfasts, lunches, and happy hour snacks at Commons, Christie—a former Community Host and founder of *Grow Prep Create*—now offers the top picks exclusively for Commons members.

With her deep knowledge of the space and community, she makes catering easy, thoughtful, and delicious.





# Fuel Your Morning

All pricing is for ~25 servings which is the minimum order

## Simple:

Fresh Bakery style Muffins (36 pcs)  
\$112 \$4.48/person

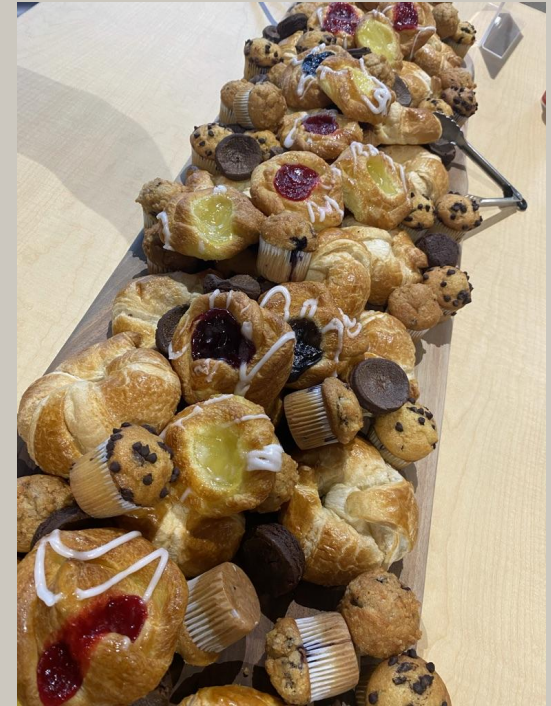
Bagel Bar (36 bagels plus toppings)  
\$235 \$9.40/person

Bakery Fresh Pastry Platter (30 pcs)  
\$119 \$4.76/person

## Elevate it:

Add Smoothies (25 x 10 oz smoothies)  
\$200 \$8.00/person

Fruit Platter (Large, with a dip)  
\$75 \$3.00/person





# Fuel The Rest of Your Day

All pricing is for ~25 servings which is the minimum order

## Simple:

Dips & Vessels (chips, veggies, dips etc.)

*\$112     \$4.80/person*

Giant Pretzel & Cheese Sauce w/ beer nuts

*\$205     \$8.20/person*

## Elevate it:

DIY Sandwich Bar (2 meats, 2 cheeses, 1.5 buns pp, condiments & toppings)

*\$329     \$13.16/person*

Charcuterie Board (2 meats, 2 cheese, crackers, nuts/fruit, preserve)

*\$220     \$8.80/person*



